

TRIBULATION SHOULD LEAD US:

To Detach Us From "Creature Comforts" To A Relationship With The Father

We can become satisfied with the job that we have, and the abundant money, and other things. There's nothing to cause us to fall on our knees in desperation and humility and poverty of spirit before God, so that we would say, "Lord, without You, I'm not going to make it through the day!" Without the pressures that can come from every side, we can be easily distracted from the Living God Who wants a relationship with us. He wants our dependence to be upon Him. Maybe you don't have the grace today to rejoice with joy unspeakable and full of glory, but you can, at least, run to your Heavenly Father with it, and cry out to Him to help you, and experience His everlasting arms around you and His grace poured into you. You will look back at the end of the day and realize, "I made it!"

To Take Jesus As A Partner Of Our Pains

Christ took the responsibility upon Himself. He became a man, and became subjected to the temptations and the tribulations that you and I are subject to today, and did so all the way to the death on the cross, and all the way to the shedding of the last drop of blood in His body. He is a partner with us in our pain. He can sympathize with us. In all points that you are afflicted, that you are suffering, that you have anguish or pressures in your life, He was tempted, and understands what you're going through. Brothers and sisters, when the pressures come in on your life, here's what you need to do: Make Jesus your partner. Come unto Jesus, as he says in Matthew 11:28-30 "Come unto Me, all you that labour and are heavy laden, and I will give you rest. Take My yoke upon you, and learn of Me; for I Am meek and lowly in heart: and you shall find rest unto your souls. For My yoke is easy, and My burden is light." Our ultimate goal in partnering with Christ in our sufferings; "I want to know Christ and the power of His resurrection and the sharing of His sufferings by becoming like Him in His death..." Philippians 3:10

It Causes Us To Recognize The Presence Of God In Every Step

If you can bow your heart to the sovereignty of God, and recognize that this all-wise, all-knowing God is looking down on the universe, and that He's cares about what I'm going through, and that He sees what I'm experiencing, and He is allowing this tribulation to happen, then you are a blessed person!! Do you know any people that see God in their trials? They're the sweetest people on earth, aren't they? They drip with honey! Allow Patience to have it's perfect work and live a victorious life with the presence of God in every step of the way.

Fruit Of The Spirit



For this fourth fruit of the Spirit. There are two Greek words translated as "Patience" in the New Testament. *Hupomonē* means "A Remaining Under," as when one bears up under a burden. It refers to steadfastness in difficult circumstances. *Makrothumia*, which is used in

Galatians 5:22, is a compound formed by *makros* ("long") and *thumos* ("Passion" Or "Temper"). "Patience" in Galatians 5:22 literally means "Long Temper," in the sense of "The Ability To Hold One's Temper For A Long Time." The KJV translates it "Longsuffering." A patient person is able to endure much pain and suffering without complaining. A patient person is slow to anger as he waits for God to provide comfort and punish wrongdoing. Since it is a **Fruit of the Spirit, we can only possess *makrothumia* through the power and work of the Holy Spirit in our lives.**

Patience Comes From A Position Of Power

A person may have the ability to take revenge or cause trouble, but patience brings self-restraint and careful thinking. **Losing patience is a sign of weakness.** Impatient people are weak, and therefore dependent on external supports — like schedules that go just right and circumstances that support their fragile hearts. Their outbursts and threats and harsh criticisms of the culprits who crossed their plans do not sound weak. But that noise is all a camouflage of weakness. **Patience demands tremendous inner strength.** "May you be strengthened with all power, according to His glorious might, for all endurance and patience with joy." (Colossians 1:11) For the Christian, this strength comes from God. That is why Paul is praying for the Colossians. He is asking God to empower them for the patient endurance that the Christian life requires. But when he says that the strength of patience is "according to God's glorious might," he doesn't just mean that it takes divine power to make a person patient. He means that faith in this glorious might is the channel through which the power for patience comes.

The Power of Patience is Trusting God's Timing



Patience is indeed a Fruit of the Holy Spirit (Galatians 5:22), but the Holy Spirit empowers with all His fruit through "Hearing With Faith" (Galatians 3:5). Therefore, Paul is praying that God would connect us with the "Glorious Might" that empowers patience. And that connection is faith. **There is tremendous power when we patiently wait on God's timing to work on our behalf, this take trust and faith.** Patience will build your Faith in Him!

We are patient through trying situations out of hope for a coming deliverance; we are patient with a trying person out of compassion. We choose to love that person and want what's best for him. As the Spirit produces patience in us, He is making us more Christlike. Second Thessalonians 3:5 speaks of the "Patience Of Christ." Christ is even now patiently awaiting the completion of the Father's plan: after Jesus "had offered for all time one sacrifice for sins, He sat down at the right hand of God. Since that time He waits for His enemies to be made His footstool." (Hebrews 10:12-13). We should be patient, even as He is patient.

### HELLO, I AM PATIENCE, GET TO KNOW ME:

I Do Not Get Angry Easily.

I Choose Not To Give Up.

I Go Through Hardships With Joy And Hope.

I Never Get Tired Of Waiting For The Outcome.

I Am Gentle.

I Do Not Complain About Anything.

I Can Help Make Your Life Better;

Learn How To Use Me.

*Patience*



### The Source of Patience Flows From The Heart

It is not difficult to trace the source of biblical patience in God's children. I Corinthians 13:4 states, "Love Suffers Long And Is Kind." Patience is directly associated with love and hope. Here in the "Love Chapter," Paul lists patience first among love's works. Romans 5:5 adds that "The Love Of God Has Been Poured Out In Our Hearts By The Holy Spirit." This makes it evident that God's patience stands behind His children's patience as its source and pattern and as a link in a chain. Because the Bible lists it with the fruit of the Spirit, it is less a virtue achieved than a gift received. It comes with the gift of the Holy Spirit, and we reproduce it. However, since we are beings of free choice, we are still obligated to God to activate it, exercise it and use it as a witness that God lives in us. To this end, Paul writes, "Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humbleness of mind, meekness, patience; bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do." (Colossians 3:12-13) Patience is a vital part of the process that enables God to work over a long span of time, if needed, to produce in us other important aspects of His image so that we "may be perfect and complete, lacking nothing." God is the Source, and His Spirit the means of this very valuable fruit.

### Tribulation Worketh Patience- Romans 5:1-5

"Therefore being justified by faith, we have peace with God through our Lord Jesus Christ: By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God. And not only so, but we glory in tribulations also: knowing that tribulation worketh patience; And patience, experience; and experience, hope: And hope maketh not ashamed;"

Tribulation has its place in your life today. As long as you are clothed in your body of flesh, it will be a part of your life. It is not something that you should try to run from. I don't believe that you should try to run into it, but neither should you try to run from it, because God says that "tribulation worketh." According to Strong's, tribulation is defined as "pressure or affliction or anguish, being burdened, or persecution, or trouble."

### Tribulation Comes in Many Ways

- It can be a pressure from within—the anguish of sin on our souls.
- It can come from well-meaning relatives that are opposed to us.
- It can be, as afflictions in our flesh—troubles that come to our physical bodies, or to our financial situation.
- It can come from our own selfishness, or from those who we love, or our enemies, or from the evil one seeking to destroy us.
- It can even come from God, Who knows just when we need discipline.
- It can come in a thousand different ways. Whatever its source, know that "Tribulation Worketh Patience."

### Here's How Not To Respond When Trouble Comes Your Way



Take Up Your  
Cross

When in trouble, do not blame others. Don't blame God, and don't even blame Satan! To blame your troubles, pressures, and trials on others works many evils. It humiliates us, and it also sours the heart. It embitters the mind, and clouds the natural I faculties, and thus poisons the very

fountains of our spirits, which God designed to be sweetened and mellowed by the very trouble that we are disposed to complain of. Jesus said you can't even be His disciple if you can't take up your cross, and the cross means none other than suffering! Taking up your cross is going to mean some form of suffering in your life! It's going to bring some persecution to you—it's designed to bring death to those attributes in us that are not of God. If you try to run from your tribulations then you're going to miss that wonderful work God is trying to do in your life.